

Short alcohol withdrawal scale (SAWS)

Score each symptom based on the following scale:

None = 0

Mild = 1

Moderate = 2

Severe = 3

Symptom	Date: Time:	Date: Time:	Date: Time:	Date: Time:	Date: Time:
Anxious					
Feeling confused					
Restless					
Miserable					
Problems with memory					
Tremor (shakes)					
Nausea					
Heart pounding					
Sleep disturbance					
Sweating					
TOTAL					

Courtesy of Straight Healthcare (www.straighthealthcare.com)